



Alcohol Poison

Clear signs to spot alcohol poisoning early



Confusion: Trouble understanding or staying awake

Difficulty staying alert or recognizing surroundings signals serious risk and requires immediate attention.



Vomiting: Frequent or uncontrollable episodes

Repeated vomiting that can't be controlled is a critical sign indicating urgent medical help is needed.



Seizures: Sudden shaking or convulsing movements

Sudden uncontrollable shaking or convulsions are warning symptoms of severe alcohol poisoning.



Slow breathing: Less than 8 breaths each minute

If breathing slows to fewer than eight breaths per minute, this life-threatening sign demands emergency aid.



Irregular breathing: Pauses longer than 10 seconds

Breath pauses lasting over ten seconds indicate dangerous irregular breathing needing swift intervention.



Pale or bluish skin, especially lips and fingertips

Look for skin that turns pale or blue, especially on lips or fingertips, as this shows oxygen deprivation.